

Student Name: _____

Date: _____

How many key nutrients are found in an egg?

- a. 10
- b. 14
- c. 18

What is the nutrient that tends to keep you feeling fuller for longer?

- a. protein
- b. mineral
- c. vitamin

Identify and describe functional foods.

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Visit the "Farmz on Wheelz" display and create a proper nutritious meal choice

List your meal, the evaluation score and the role it had in supporting agriculture
