

2011 Be Healthy! Stage Schedule

Friday, November 4, 2011	
11:00 am	Cooking Through The Ontario Table, <i>the basics on local and then some</i> with Lynn Ogryzlo
11:30 am	Ontario Apple Crunch Contest with JudyFoodie.ca
11:45 am	Nutrition Questions? Dietitians have answers! Dietitians of Canada
12:45 pm	Kitchen Contagion Prevention , Lively Singing and Dancing from Sheridan College & Canadian Partnership for Consumer Food Safety Education
1:15 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
1:45 pm	Cooking Through The Ontario Table, <i>the basics on local and then some</i> with Lynn Ogryzlo, Apple Marketers' Association of Ontario
2:10 pm	Kitchen Contagion Prevention , Lively Singing and Dancing from Sheridan College & Canadian Partnership for Consumer Food Safety Education
2:30 to 3:30 pm	Celebrating Partners in Journey To Your Good Health
3:45 pm	Ace Your Health by Theresa Albert and Niagara College Students Nina Sharpe & Trevor Littlejohn - " Cook the Books " Cuisine Canada
4:30 pm	Rose Reisman's Family Favorites by Rose Reisman and Niagara College Students Scott McInerney & Oksana Sytchoul - " Cook the Books " Cuisine Canada
5:30 pm	George House Heritage Bed & Breakfast Kitchen Recipes by Dale Cameron and Liaison College Kitchener Students Daniel Carisse & Melanie Van Esch - " Cook the Books " Cuisine Canada
6:30 pm	Incredible Edibles by Sonia Day with Liaison College Kitchener Students Brad Fahey & Patricia Penkauskas - " Cook the Books " Cuisine Canada
Monday, November 7, 2011	
11:00 am	Let's Talk Science , University of Toronto
11:30 am	Ontario Apple Crunch Contest with JudyFoodie.ca
11:45 am	Nutrition Questions? Dietitians have answers! Dietitians of Canada
12:45 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
1:45 pm	Goat milk products are a natural choice – and we're not kidding!
2:10 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
2:30 to 3:30 pm	Celebrating Partners in Journey To Your Good Health
3:45 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
4:30 pm	The Future of Food in Canada , Gary Fread, Soy 2020

Tuesday, November 8, 2011

11:00 am	Let's Talk Science , University of Toronto
11:30 am	Ontario Apple Crunch Contest with JudyFoodie.ca
11:45 am	Nutrition Questions? Dietitians have answers! Dietitians of Canada
12:45 pm	Kitchen Contagion Prevention , Lively Singing and Dancing from Sheridan College & Canadian Partnership for Consumer Food Safety Education
1:15 pm	Inspiring Ontarians to lead healthy, active lives , Ministry of Health Promotion & Sport
1:40 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
1:45 pm	Goat milk products are a natural choice – and we're not kidding!
2:10 pm	Recipes For A Healthy Lifestyle , George Brown College Centre for Hospitality and Culinary Arts
2:30 to 3:30 pm	Celebrating Partners in Journey To Your Good Health
3:30 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
3:45 pm	Recipes For A Healthy Lifestyle , George Brown College Centre for Hospitality and Culinary Arts

Wednesday, November 9, 2011 Health Professionals Day

11:00 am	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
11:30 am	Ontario Apple Crunch Contest with JudyFoodie.ca
11:45 am	Nutrition Questions? Dietitians have answers! Dietitians of Canada
12:45 pm	Kitchen Contagion Prevention , Lively Singing and Dancing from Sheridan College & Canadian Partnership for Consumer Food Safety Education
1:15 pm	Inspiring Ontarians to lead healthy, active lives , Ministry of Health Promotion & Sport
1:45 pm	Goat milk products are a natural choice – and we're not kidding!
2:10 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
2:30 to 3:30 pm	Celebrating Partners in Journey To Your Good Health
3:30 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
3:45 pm	Demystifying Food Labels , Éline De Grandpré, Office of Nutrition Policy & Promotion, Health Canada
4:15 pm	Food Innovation for Health Challenge Presentation

Thursday, November 10, 2011 Youth Day

11:00 am	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
11:30 am	Ontario Apple Crunch Contest with JudyFoodie.ca

11:45 am	Nutrition Questions? Dietitians have answers! Dietitians of Canada
12:45 pm	Kitchen Contagion Prevention , Lively Singing and Dancing from Sheridan College & Canadian Partnership for Consumer Food Safety Education
1:15 pm	So You Think You(th) Can Cook , Toronto Youth Food Policy Council
1:45 pm	Inspiring Ontarians to lead healthy, active lives , Ministry of Health Promotion & Sport
2:10 pm	Goat milk products are a natural choice – and we're not kidding!
2:30 to 3:30 pm	Celebrating Partners in Journey To Your Good Health
3:45 pm	So You Think You(th) Can Cook , Toronto Youth Food Policy Council
4:15 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
5:00 pm	So You Think You(th) Can Cook , Toronto Youth Food Policy Council
Friday, November 11, 2011	
11:00 am	Cooking Through The Ontario Table, <i>the basics on local and then some</i> with Lynn Ogryzlo, Organic Council of Ontario
11:30 am	Ontario Apple Crunch Contest with JudyFoodie.ca
11:45 am	Nutrition Questions? Dietitians have answers! Dietitians of Canada
12:45 pm	Kitchen Contagion Prevention , Lively Singing and Dancing from Sheridan College & Canadian Partnership for Consumer Food Safety Education
1:15 pm	PEI Potatoes presents Heather Moyse, Olympic Gold Medalist
1:40 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
1:45 pm	Cooking Through The Ontario Table, <i>the basics on local and then some</i> with Lynn Ogryzlo, Ontario Greenhouse Vegetable Growers
2:10 pm	Recipes For A Healthy Lifestyle , George Brown College Centre for Hospitality and Culinary Arts
2:30 to 3:30 pm	Celebrating Partners in Journey To Your Good Health
3:30 pm	Ontario Apple Quiz with Judy Scott Welden, Nutritionist
3:45 pm	Bullfrog Power and the clean energy movement in Canada
4:15 pm	PEI Potatoes. Heather Moyse, Olympic Gold Medalist
5:00 pm	Recipes For A Healthy Lifestyle , George Brown College Centre for Hospitality and Culinary Arts