

# The Royal

# FOOD & NUTRITION FORUM

Supported by

# THINKBEEF<sup>CA</sup>

The Royal Agricultural Winter Fair  
Enercare Centre, Salon 103  
Wednesday, November 6, 2019  
10:00 am to 3:15 pm



## Registration Fee

General - \$50 plus HST/Service fee  
Student - \$25 plus HST/Service fee

Includes all sessions, lunch, and admission to The Royal

To Register go to: [www.royalfair.org/teachers](http://www.royalfair.org/teachers) and click on the event posting. Deadline to register is Tuesday, October 29, 2019

## *Sustainability and the Future of Agriculture*

EMCEE by Marilyn Smith - home economist, food author and alumna of the Second City Comedy Troupe.

### MORNING SESSION

#### *Precision Agriculture*

Speaker: Clinton Monchuk. Executive Director of Farm & Food Care Saskatchewan.

How Canadian Farmers improve sustainability by building Precision Agriculture.

#### *Sign Language: Environmental Farm Plans*

Speaker: Bob Wilson. Farmer, owner and operator of Gilbrea Farm. You've seen the signs, now know the meaning behind the them.

#### *Sustainability in the Classroom*

Speaker: Dr. June Matthews, PhD, RD, P.H.Ec., Associate Professor in Food and Nutritional Sciences at Brescia University College . How sustainability in agriculture starts in the classroom.

#### *Meatless Diet Implications*

Speaker: Dr. Kim Ominski. PhD Professor in the Department of Animal Science at the University of Manitoba.

What is an environmental footprint? Taking a closer look at cattle farming.

## Lunch – Featuring ingredients from local producers

### AFTERNOON SESSION

#### *From My Farm to Your Table*

Hear from an egg, mushroom, bean, and dairy farmer, as they share some of the challenges they face today. Find out what questions consumers ask them most frequently and what they wish consumers knew about farming. Bring your questions!

#### *Feeding Hungry Minds and Bellies*

Speaker: Mercedes Unwin, OCT, Program and Resource Manager at Agscape

Building an understanding of Agriculture and Food Literacy in Ontario schools.

The day also includes:

- Networking opportunities and a chance to make new connections
- Resources, exhibits, door prizes
- Morning coffee, tea, and snack; lunch; and stretch breaks led by Wellness Trainer Mark Hinze
- Admission to The Royal

Enjoy apples courtesy of our friends at



\*\*Agenda may be subject to change

## Supporting Sponsors

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## Participating Sponsors



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