

Worksheet



Think you can be a Moo+ student? Complete this worksheet and find out. You'll find all the answers as you go through our fun and edu-moo-cational dairy displays. When you're done, hand the worksheet to one of our staff and get a School of Moo Diploma and grad photo! Good luck!
(If you get stuck on a question, ask a Dairy Edu-moo-cator to help!)

1. Check all the health benefits of milk's 15 essential nutrients.

- ☐ Helps keep bones and teeth strong
- ☐ Supports healthy brain development
- ☐ Increases hearing capabilities
- ☐ Helps your body absorb calcium

2. Which cow breed makes up most of Ontario's dairy herd?

- ☐ Jersey ☐ Holstein
- ☐ Ayrshire ☐ Brown Swiss

3. The letters "M.F." on milk and dairy product packaging stands for:

- ☐ Milk Forever ☐ Milk Fat
- ☐ Milk Fresh ☐ Moo Face

4. All Canadian milk is pasteurized, which means it's _____ then _____ during processing to eliminate harmful bacteria.

- ☐ Heated, cooled
- ☐ Cooled, heated
- ☐ Frozen, thawed
- ☐ Shaken, stirred

5. What happens to the extra electricity generated by farm biodigesters?

- ☐ Sold to the highest bidder
- ☐ Transferred to the Ontario power grid
- ☐ Reabsorbed into the biodigester
- ☐ No extra electricity is ever generated

6. Most milk in Canada is _____, or rapidly blended during processing to keep the milk fat from rising to the top of your milk bag or container.

